



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

The SVP is dedicated to helping combat poverty. The main ways it does this is by befriending people and providing moral and practical support to those in need through personal contact.

They provide*:

- ◆ Pre-owned furniture
- ◆ Microwaves
- ◆ Cookers
- ◆ Fridge/Freezer

* subject to assessment

Please contact Rose Mullarkey on:

07905952798

or visit our website:

www.svp.org.uk

Contact us :

Wirral Food Bank
Unit 14
Wirral Business Centre
Dock Road
Birkenhead
CH41 1JW

Telephone: 0151 638 7090

Email: enquiries@wirralfoodbank.org.uk
Web: www.wirral.foodbank.org.uk

Charitable incorporated organisation
registered in England with charity number
1167967

Local Information:



**EMERGENCY FOOD FOR LOCAL
PEOPLE IN CRISIS**



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de Paul Society
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Ask Us Wirral

Do you need further
help?

Restoring Dignity Reviving Hope

Ask Us Wirral

Delivered in partnership by



Ask Us Wirral

Whoever you are
Whatever the problem
Information and Advice to help,
including:

- ◆ Benefits
- ◆ Relationships
- ◆ Law & Rights
- ◆ Consumer
- ◆ Debt & Money
- ◆ Education
- ◆ Tax
- ◆ Healthcare
- ◆ Housing

Get 24hrs information by visiting

www.askuswirral.org.uk

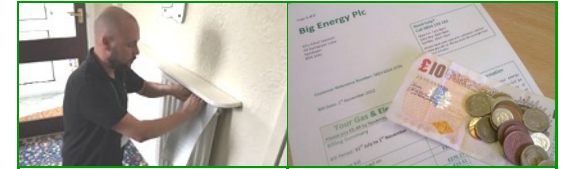
You can also contact us on

0300 33 00 111
Mon–Fri 9am–4.45pm
Late night Wed 9am–6.45pm
Sat 9.00am–12.45pm

ENERGY PROJECTS PLUS

towards a sustainable future

Energy Projects Plus provides free advice and support to help clients...



Install some 'easy measures'

Clear gas, electricity and water debts



Apply for the Warm Home Discount

Switch tariffs and cut your bills



Apply for grants for white goods

Apply for grants for boilers/heating

To find out more, or to request a home visit, call our **Save Energy Advice Line** free on **0800 043 0151**